

PARISH SAFEGUARDING AND CHILD PROTECTION POLICY

February 2021

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INTRODUCTION

Definitions of Terms

For the purposes of this Child Protection Policy, all references to:

'*child*', '*children*', '*young person*', '*young people*', – whether singular or plural – are used interchangeably and are taken to refer to those under 18 years of age.

'*workers*', '*staff*', '*volunteers*', '*helpers*' are used interchangeably and are taken to refer to anyone interacting with children on behalf of The Church

'*child abuse*' refers to any of the recognised forms of abuse – physical, emotional, sexual abuse or neglect.

WHY WE HAVE A CHILD PROTECTION POLICY

- *A Child protection policy will help protect **children**.*

A child protection policy helps to create a safe and positive environment for children and, although no procedures or processes can offer complete protection for children, following these procedures and implementing a policy minimises the risk to children from abuse and exploitation.

- *A Child protection policy will help protect **workers***

A child protection policy clarifies what The Church requires in relation to the protection of children. It sets out standards of behaviour for project staff and volunteers when they are working with children and what to do if they notice, or are told about, inappropriate behaviour in others.

- *A Child protection policy will help protect **The Church**.*

A child protection policy is a statement of intent that demonstrates The Churches commitment to safeguard children from harm. Child protection policies will help move The Church towards best practice in this area and deter those who would wish to abuse children from seeking to work with children on behalf of The Church.

POLICY ISSUES:

MISSION STATEMENT

The PCC recognises the importance of its ministry with children and young people and its responsibility to protect and safeguard the welfare of children and young people entrusted to the church's care. The welfare of the child is always paramount.

As part of its mission, the Church is committed to:

- The safeguarding, care and nurture of children and young people within our church community and who participate in any activity of the church;

- Safe recruitment, supervision and training for all the children's/youth workers within the church.
- Responding without delay to every report or cause for concern that a child or young person for whom it is responsible may be or may have been harmed in any way;
- Full cooperation with statutory agencies during any investigation into allegations concerning abuse of a child or young person in the church community;
- Providing informed pastoral care to any child, young person or adult who has suffered abuse;
- The management and supervision of any member of the church community known or thought to pose a threat to children or young people.

CHURCH POLICY

The PCC recognises the need to provide a safe and caring environment for children and young people. It also recognises that children and young people can be the victims of physical, sexual and emotional abuse, and neglect. The PCC has therefore adopted the procedures set out in this document (hereafter “the policy”).

The PCC is committed to on-going child protection training for all those who work with children and youth people and will regularly review the Policy and procedures.

DEFINITIONS OF ABUSE

Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by a stranger.

PHYSICAL ABUSE

Physical abuse may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces illness in a child.

EMOTIONAL ABUSE

Emotional abuse is the persistent emotional ill treatment of a child such as to cause severe and persistent adverse effects on the child’s emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond the child’s developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of ill-treatment of a child, though it may occur alone.

SEXUAL ABUSE

Sexual abuse involves forcing or enticing a child or young person to take part in sexual activities, including prostitution, whether or not the child is aware of what is happening. The activities may involve physical contact, including penetrative (e.g. rape, buggery or oral sex) or non penetrative acts (oral sex). They may include non contact activities, such as involving children in looking at, or in the production of, pornographic material or watching sexual activities, or encouraging children to behave in sexually inappropriate ways involving children in looking at, or in the production of, pornographic material or watching sexual activities, or encouraging children to behave in sexually inappropriate ways.

NEGLECT

Neglect is the persistent failure to meet a child's basic physical and /or psychological needs, likely to result in the serious impairment of the child's health or development. Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, neglect may involve a parent or carer failing to provide adequate food and clothing, shelter, including exclusion from home or abandonment, failing to protect a child from physical and emotional harm or danger, failure to ensure adequate supervision including the use of inadequate care-takers, or the failure to ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

SIGNS AND SYMPTOMS OF ABUSE

Recognising possible signs of abuse

The following signs may or may not be indicators that abuse has taken place, but the possibility should be considered.

PHYSICAL SIGNS OF ABUSE

- Any injuries not consistent with the explanation given for them
- Injuries that occur to the body in places that are not normally exposed to falls, rough games, etc
- Injuries that have not received medical attention
- Neglect -under nourishment, failure to grow, constant hunger, stealing or gorging food, untreated
- illnesses, inadequate care, etc
- Reluctance to change for, or participate in, games or swimming
- Repeated urinary infections or unexplained tummy pains
- Bruises, bites, burns, fractures etc which do not have an accidental explanation*
- Cuts/scratches/substance abuse*

INDICATORS OF POSSIBLE SEXUAL ABUSE

- Any allegations made by a child concerning sexual abuse
- Child with excessive preoccupation with sexual matters and detailed knowledge of adult sexual
- behaviour, or who regularly engages in age-inappropriate sexual play
- Sexual activity through words, play or drawing

- Child who is sexually provocative or seductive with adults
- Inappropriate bed-sharing arrangements at home
- Severe sleep disturbances with fears, phobias, vivid dreams or nightmares, sometimes with overt or veiled sexual connotations
- Eating disorders -anorexia, bulimia*

EMOTIONAL SIGNS OF ABUSE

- Changes or regression in mood or behaviour, particularly where a child withdraws or becomes clinging.
- Also depression, aggression or extreme anxiety.
- Nervousness, frozen watchfulness
- Obsessions or phobias
- Sudden under-achievement or lack of concentration
- Inappropriate relationships with peers and/or adults
- Attention-seeking behaviour
- Persistent tiredness
- Running away/stealing/lying

*These signs may indicate the possibility that a child or young person is self-harming, mostly by cutting, burning, self-poisoning. Approximately 20,000 are treated in accident and emergency departments in the UK each year.

RESPONDING TO ALLEGATIONS OF ABUSE

Under no circumstances should a children/youth worker carry out their own investigation into the allegation or suspicion of abuse. The person in receipt of allegations or suspicions of abuse should:

- Discuss concerns with the Director for Safeguarding and Inclusion (07921 865374).
- Suspicions must not be discussed with anyone other than those nominated above. A written record of the concerns should be made in accordance with church procedures and kept in a secure place.
- The PCC will support the Co-ordinator / Deputy Co-ordinator in their role, and accept that any information they may have in their possession will be shared in a strictly limited way on a need to know basis.
- All reports or concerns must be treated seriously.

APPOINTMENT, SUPPORT, SUPERVISION & TRAINING OF LEADERS & WORKERS

The PCC will ensure all workers will be appointed, trained, supported and supervised appropriately.

APPOINTMENT OF WORKERS

The Church has a robust recruitment procedure, including: all prospective workers will be asked to complete an application form and apply for an Enhanced Criminal Records Bureau Disclosure and be registered with the Independent Safeguarding Authority

The procedure for appointment will be:

- Informal discussion
- Completion of application form and a self declaration of any criminal record
- References taken up
- Check the person is registered with the ISA (from 10/09)
- An application is made to the Criminal Records Bureau (CRB) for an enhanced Disclosure
- Receipt of the Disclosure from the CRB
- Meeting with Children's Work Overseer/Youth Work Overseer
- Allocation of worker into children's/youth work
- Contract completed

The Child protection Co-ordinator and/or Children's Overseer, Youth Leaders and/or the PCC will make a judgement on whether or not it would be appropriate to appoint a person.

Workers will be given a contract on appointment.

SUPPORT AND SUPERVISION

All workers will be provided with appropriate support and supervision within their roles.

TRAINING

All workers will be expected to undertake regular training and The Church will ensure that appropriate opportunities are made available.

SUPPORT TO THOSE AFFECTED BY ABUSE

The PCC is committed to offering pastoral care and support to those attending the church who have been affected by abuse.

WORKING WITH OFFENDERS

When someone attending the church or wishing to join the church is known to have abused children, the PCC will ensure an appropriate Agreement is put in place (where possible the Director for Safeguarding and Inclusion will work with statutory agencies to ensure known risks are identified and included) to supervise the individual concerned and offer pastoral care. The Agreement will detail the conditions under which the person may attend the church.

GOOD PRACTICE

HOW TO RESPOND TO A CHILD WANTING TO TALK ABOUT ABUSE

- Above everything else listen, listen, listen
- Show acceptance of what the child says (however unlikely the story may sound)
- Keep calm
- Look at the child directly
- Be honest
- Tell the child you will need to let someone else know -don't promise confidentiality
- Even when a child has broken a rule, they are not to blame for the abuse
- Be aware that the child may have been threatened or bribed not to tell

- Never push for information. If the child decides not to tell you after all, then accept that and let them know that you are always ready to listen.
- As soon as possible write down what has been shared (see “Making notes”)

DO SAY

- You have done the right thing in telling
- That must have been really hard
- I am glad you have told me
- It's not your fault
- I will help you

DON'T SAY

- Why didn't you tell anyone before?
- I can't believe it!
- Are you sure this is true?
- Why? How? When? Who? Where?
- Never make false promises
- Never make statements such as "I am shocked, don't tell anyone else"

CONCLUDING

- Again reassure the child that they were right to tell you and show acceptance
- Let the child know what you are going to do next and that you will let them know what happens (you might have to consider referring to Social Services or the Police to prevent a child or young person returning home if you consider them to be seriously at risk of further abuse)
- Contact the Diocesan Director for Safeguarding and Inclusion or The Church Safeguarding Officer.
- Consider your own feelings and seek pastoral support if needed

MAKING NOTES

Make notes as soon as possible, preferably within one hour of the child talking to you. Write down exactly what the child said and when s/he said it, what you said in reply and what was happening immediately beforehand (eg a description of the activity). Note if anyone else was present. Record dates and times of these events and when you made the record. Keep all hand-written notes, even if subsequently typed. Such records should be kept for an indefinite period in a secure place.

• TOUCHING

- Keep everything public. A hug in the context of a group is very different from a hug behind closed doors.
- Touch should be instigated by / related to the child's needs, not the worker's.
- Touch should be age-appropriate and generally initiated by the child rather than the worker.
- Avoid any physical activity that is, or may be thought to be, sexually stimulating to the adult or the child.
- Children are entitled to privacy to ensure personal dignity.

- Children have the right to decide how much physical contact they have with others, except in exceptional circumstances when they need medical attention.
- When giving first aid (or applying sun cream etc), encourage the child to do what they can manage themselves, but consider the child's best interests and give appropriate help where necessary.
- Team members should monitor one another in the area of physical contact.
- Concerns about abuse should always be reported.

- **GUIDELINES FOR DISCIPLINE**

What is discipline?

Discipline is the education of a person's character. It includes nurturing, training, instruction, chastisement, verbal rebuke, teaching and encouragement.

Why discipline?

It brings security, produces character, prepares for life, is evidence of love and is God's heart.

Dos and Don'ts of Discipline in Children's Work

Don't

NEVER smack or hit a child

Discipline out of love NEVER out of anger. (Call on support from other leaders if you feel you may deal with the situation unwisely in your anger)

Do not shout in anger or put down a child/young person

Do

Lay down ground rules eg. No swearing, racism or calling each other names, a respect for property

Keep the ground rules simple and clear, and make sure the children understand what procedure will be taken if they are not followed

Never reject a child, just the behaviour (Tell the child that you value him/her, but you are not willing to accept the behaviour)

Remember that each child is unique, special and individual, and each child needs a different method of being dealt with. We therefore need to be asking ourselves "Why is the child behaving like that?"

Work on each individual child's positives, do not compare them with each other, but encourage and build them up.

Help the child learn that they will be noticed more when they obey the rules, rather than when they break them. Try to create an environment of care and offer more tangible rewards, where each child feels that it is worth keeping to the rules.

See protocol for Responding to Inappropriate Behaviour.

CAMPS / RESIDENTIAL ACTIVITIES / OFF SITE ACTIVITIES

From time to time activities may be arranged which will take place away from the usual meeting place and may include overnight stays. A comprehensive risk assessment of each activity will be undertaken and appropriate risk management measures put in place.

Parents / guardians will be given full details of all such activities and clear behaviour guidance will be issued to children prior to attending.

BULLYING

Bullying of any sort will not be tolerated under any circumstances. Any such behaviour will be dealt with and those perpetrating the bullying will be made aware that such behaviour is not acceptable.

Children experiencing bullying in any situation will be offered support to address the issues.

STORAGE AND USE OF INFORMATION, AND IMAGES OF CHILDREN

Specific procedures for the making, storage and use of images of children are available. No image will be taken, stored or used without the parent / carers permission.

USE OF INTERNET AND E-MAIL

Modern communication technologies may be used as a means of communicating with children. Clear guidelines exist about how these will be used.

TRANSPORTING CHILDREN

It may, on occasions be necessary for children to be transported to or from events. A policy for the transport of children is available.

SUMMARY

If we have any cause for concern we will report it following the Local Safeguarding and Child Protection Board (LSCB) procedures. The relevant local procedures that are held by us are available on request. We understand that child abuse can be physical, sexual, emotional, neglectful or can include other safeguarding concerns such as bullying, relationship abuse, FGM, spiritual possession, gender based violence, forced marriage, radicalisation, fabricated/induced illness, sexting, trafficking, faith abuse, drugs, sexual exploitation, gang violence or a combination of these

We recognise that children and young people are capable of abusing their peers. Peer on peer abuse relates to situations such as sexual exploitation, gang violence, financial

abuse, coercive control and exploitative relationships. We want all children to feel safe here and as part of our commitments to keep them safe, We regularly observe children's interactions and aim to be approachable so they will speak to us if they are concerned about any aspects of their relationships with others. Care givers know they can contact us at any time to discuss this.

The Family and Children Worker will keep up to date with child protection issues and relevant legislation by taking regular online training courses and by reading relevant publications. This helps us recognise the signs of abuse or neglect and know what to do if we have a concern.

We have copies of, and are familiar with, the LSCB procedures. We regularly check that we have the latest version of the relevant procedures (or any documents that may replace them).

- Working Together to Safeguard Children
- What to do if you're worried a child is being abused
- Mandatory reporting of female mutilation - procedures

If we're concerned about a child's welfare, We will contact the local authority, the NSPCC or other relevant support services for advice, confidentiality will be assured only when it is clear that there is **no risk** of harm to a child.

Caregivers must notify us of any concerns they have about their child and any accidents, incidents or injuries affecting the child, which will be recorded by the Children and Families Worker.

We search and share with families things we note of interest or online information which may be useful such as 'NSPCC Guide to keeping children safe online'.

If we notice:

- Significant changes in children's behaviour
- Unexpected bruising or marks or signs of possible abuse
- Any comments made which give us cause for concern
- Deterioration in general wellbeing which causes concern
- Signs of neglect

We will implement the Local Safeguarding and Child Protection Board procedures without delay to minimise any risk to the child. We will keep a factual record of the concern and will ask the parents for an explanation, providing it would not put the child at risk.

If a child tells us that they or another child is being abused or in anyway vulnerable, we will:

- Show that we have heard what they are saying, and that we take their allegations seriously
- Encourage the child to talk, but will not prompt them or ask them leading questions. Will not interrupt when a child is recalling significant events and will not make a child repeat their account
- Explain what actions must be taken, in a way that is appropriate to the age and understanding of the child

- Write down what we have been told using exact words where possible
- Make a note of the date, time , place and people who were present at the discussion
- Report my concerns to a duty social worker who has the experience and responsibility to make an assessment of the situation.

If an allegation is made against us , or any person working on the church premises, we will report it to the LSCB.

In all instances we will record:

- The child's full name and address
- The date and time of the record
- Factual details of the concern, for example bruising, what the child said, who was present
- Details of any previous concerns
- Details of any explanations from the parents
- Any action taken such as speaking to parents

It is not our responsibility to attempt to investigate the situation ourselves.

Useful telephone numbers

Local police station	0845 045 4545
Southampton Safeguarding and Child Protection Board	02380 832 995
Ofsted	0300 123 1231
Information Line – for help and support for with all areas of childminding, including allegations of child abuse.	0800 169 4486
NSPCC child protection helpline – 24-hour helpline for people worried about a child	0808 800 5000
Safeguarding Officer	Dr Terence Wood 02380283175 terrywood10@tiscali.co.uk